

Arizona Medical Board

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FINAL MINUTES FOR BOARD REVIEW COMMITTEE B MEETING Held on Friday, December 8, 2023 1740 W. Adams St.. Board Room B • Phoenix, Arizona

Committee Members

Lois E. Krahn, M.D., Chair Katie S. Artz, M.D., M.S. David C. Beyer, M.D., F.A.C.P. Laura Dorrell, M.S.N., R.N. James M. Gillard, M.D., M.S., F.A.C.E.P., F.A.A.E.M. Pamela E. Jones

GENERAL BUSINESS

A. CALL TO ORDER

Chair Krahn called the Committee's meeting to order at 1:26 p.m.

B. ROLL CALL

The following Committee members were present: Dr. Krahn, Dr. Artz, Dr. Beyer, Ms. Dorrell, Dr. Gillard and Ms. Jones.

ALSO PRESENT

The following Board staff participated in the virtual meeting: Kristina Jensen, Deputy Director and Michelle Robles, Board Operations Manager. Carrie Smith, Assistant Attorney General ("AAG") was also present.

C. OPENING STATEMENTS

D. PUBLIC STATEMENTS REGARDING MATTERS LISTED ON THE AGENDA

No public speakers addressed the Committee during the Public Statements portion of the meeting.

E. APPROVAL OF MINUTES

October 6, 2023 Review Committee B Minutes: including Executive Session

MOTION: Dr. Gillard moved to approve the October 6, 2023 Review Committee B minutes; including Executive Session.

SECOND: Dr. Artz.

VOTE: The following Committee members voted in favor of the motion: Dr. Krahn,

Dr. Artz, Dr. Beyer, Ms. Dorrell, Dr. Gillard and Ms. Jones.

VOTE: 6-yay, 0-nay, 0-abstain, 0-recuse, 0-absent.

MOTION PASSED.

LEGAL MATTERS

F. FORMAL INTERVIEWS

 MD-21-0883A, KAVEH KARANDISH, M.D., LIC. #46491 Dr. Karandish was present without counsel.

Boad staff summarized that the Board is considering this case in which the medical consultant (MC) determined that Dr. Karandish deviated from the standard of care in the absence of pertinent documentation in Patient HD's initial office visit. This included the lack of physical examination, of medical history, of informed and signed consent form, including risks of the proposed procedures, failure to provide evidence of a review of the treatments or perspective benefits, an adequate description of procedures, lack of most procedure instructions, absence of pre-procedure photographs and the absence of documentation regarding the doctor's response to HD's post-procedure concerns. The MC noted that none of the treatments Dr. Karandish offered HD deviated from the standard of care. HD participated in a videoconference with Dr. Karandish on June 27, 2021 regarding HD's interest in obtaining treatment for her double chin, per her submitted complaint. The doctor's consultation form noted that HD's areas of concern were weight loss, facial contouring, and submental fat reduction. HD was offered and agreed to proceed with a package treatment consisting of minimally invasive and noninvasive procedures. The initial treatment took place nine days later. The specific treatment locations were not documented. The post-procedure photographs were consistent with probable treatment location sites. The procedure note identified a reported aesthetician as the individual performing the treatments. The note was signed by an individual whose role was not identified. The documented procedures apparently included microneedling. radiofrequency application, and insertion of threads to "lift her face". Five days later on June 21st, a phone call from HD was documented and reported that HD was complaining of both general irritation of the skin, specifically at the procedure site. There was no record of a response to HD. Reportedly, HD sought care from another provider at this time, but no documentation regarding this was presented. On June 30th, HD presented to the spa for the final time. Post-procedure photographs were taken and an appropriate examination was performed. HD underwent microneedling treatments, was provided with a 10-day prescription for Prednisone, and HD's complaints were documented and reportedly relayed to Dr. Karandish. The records indicated that HD had called the personal cell phones of staff members. There was no documentation of any response. SIRC stated that the reports of any response from Dr. Karandish were inconsistent and lacking any documentation. HD reported that she requested a refund, though she did not include the date of this request. HD received a refund from Dr. Karandish approximately one month after HD submitted a complaint to the Board. Dr. Karandish formally trained in internal medicine and has been performing cosmetic treatments since 2020. He responded to the Board inquiry by stating that a cosmetic clinic's documentation may not be as detailed as that of a medical clinic, but his records were normal for cosmetic treatment. Dr. Karandish also suggested that the nurse perhaps was irresponsible regarding appropriate documentation. Dr. Karandish was issued an advisory letter with a non-disciplinary order for medical record keeping CME in 2020. Since significant record-keeping deviations have apparently persisted, SIRC recommended Probation, requiring Dr. Karandish to complete CPEP's medical recordkeeping course and CPEP's follow-up course.

Dr. Karandish provided an opening statement to the Committee where he stated that this patient's care occurred during the first few months of the practice switching to cosmetic practice. Dr. Karandish stated he has learned from this experience and customers' feedback. Dr. Karandish noted that HD was a difficult and non-compliant patient who wanted a refund. The treatments provided were appropriate and the refund was ultimately provided. Dr. Karandish confirmed that he did complete CME in medical recordkeeping in 2021 and stated his records are above the norm. Dr. Karandish informed the Committee that he has two successful practices, one in California and one in Arizona.

During questioning, Dr. Karandish explained that he moved from family medicine to cosmetics due to his interest in aesthetics. Dr. Karandish informed the Committee that he still provides some primary care in his full practice. Dr. Karandish stated that he started his cosmetic training in Florida in 2012 with the basic injectables. In 2017, here in Phoenix, he was introduced to threads and received training by Dr. Watwood. He also

completed online courses which provided certificates. Dr. Karandish explained that he accommodates patients who are out of the area through virtual consultations and local patients are in person. Dr. Karandish stated that consultations are documented appropriate and that 100 percent of patients get pre and post-operative photos. In beginning they had some issues with the EMR system, but it is the norm to get pre and postoperative photos. Dr. Karandish confirmed that all patients get consents in the office. Dr. Karandish thought he obtained consent for HD procedures. Dr. Karandish stated he accepts fault for not documenting the threads and procedure. Regarding the cell phone allegations, Dr. Karandish explained that he wants everyone to call the office phone directly and was not aware phone numbers were provided. Dr. Karandish explained that after refunding HD her money he did not hear from her until this complaint. Dr. Karandish explained that he sold HD a package for cosmetic treatments and a weight loss program and that there is no documentation on the weight loss program since the patient never started it. Dr. Karandish informed the Committee of the thread used at that time and what the procedure consists of. Dr. Karandish agreed that he had poor documentation and has since changed his documentation to be more detailed.

Dr. Beyer opined that the initial note is very inadequate and is why we are here today.

Dr. Karandish agreed that this was poor documentation and that this was something that he should have paid attention to.

Dr. Beyer noted that the physician was issued an advisory letter with CME for inadequate charting in 2020, which was prior to 2021.

Dr. Karandish clarified that he has a med spa in Fountain Hills, Arizona and in California. He is also the medical director of a primary care practice in California that he provides supervision for. Dr. Karandish confirmed that he took CME in June or July of 2021 and noted that he still utilizes the same EMR, but it has evolved since 2021.

In closing, Dr. Karandish assured the Committee that they are a successful practice and that the medical charting and documentation are appropriate.

Board staff noted the language of the August, 2020 advisory letter and CME order for the record and that the MC who reviewed the case has the same background as the licensee.

During deliberations, Dr. Artz expressed concern regarding receiving an advisory letter and CME order for a similar issue and noted that the date of the complainant's letter and when she received the refund.

MOTION: Dr. Artz moved for a finding of unprofessional conduct in violation of A.R.S. § 32-1401(27)(e).

SECOND: Ms. Jones.

VOTE: The following Committee members voted in favor of the motion: Dr. Krahn, Dr. Artz, Dr. Beyer, Ms. Dorrell, Dr. Gillard and Ms. Jones.

VOTE: 6-yay, 0-nay, 0-abstain, 0-recuse, 0-absent.

MOTION PASSED.

Dr. Artz agreed with SRIC's recommendation, given the prior advisory letter and CME order.

MOTION: Dr. Artz moved to issue Findings of Fact, Conclusions of Law and Order for One Year Probation. Within six months, complete the intensive, in-person course regarding medical recordkeeping offered by CPEP. Within thirty days of completing the Board ordered CME, the physician shall enroll into CPEP's personalized implementation program (PIP). The CME hours shall be in addition to the hours required for license renewal. The Probation shall terminate upon proof of successful completion of the CME coursework.

SECOND: Dr. Beyer.

Dr. Beyer opined that probation is appropriate since this is not an isolated incident. This should have been remediated with the prior CME. As a board certified internalist, the physician should understand the standard of care. Medical records are vital to any practice of medicine and the records for this patient were poor.

VOTE: The following Committee members voted in favor of the motion: Dr. Krahn, Dr. Artz, Dr. Beyer, Ms. Dorrell, Dr. Gillard and Ms. Jones.

VOTE: 6-yay, 0-nay, 0-abstain, 0-recuse, 0-absent.

MOTION PASSED.

G. FORMAL INTERVIEWS

MD-21-0110A, MD-20-0955A, MD-20-0249A, RAGHAV MOHINDRA, M.D., LIC. #41238

Board staff informed the Committee that the physician has signed a consent agreement and this matter will be placed on the January agenda for consideration.

CONSENT AGENDA

H. APPROVAL OF DRAFT FINDINGS OF FACT, CONCLUSIONS OF LAW AND ORDER

MOTION: Dr. Gillard moved to the adopt the Findings of Fact, Conclusions of Law and Orders in item numbers 1 and 2; striking the word "unanimous" from paragraph 13 in Dr. Ravi's Order.

SECOND: Dr. Beyer.

VOTE: The following Committee members voted in favor of the motion: Dr. Krahn, Dr. Artz, Dr. Bever. Ms. Dorrell. Dr. Gillard and Ms. Jones.

VOTE: 6-yay, 0-nay, 0-abstain, 0-recuse, 0-absent.

MOTION PASSED.

1. MD-22-0911A, PATRICK L. BOSARGE, M.D., LIC. #58004

RESOLUTION: Findings of Fact, Conclusions of Law and Order for a Letter of Reprimand.

2. MD-22-0951A, PRASAD S. RAVI, M.D., LIC. #53608

Dr. Gillard noted that there was an error in the draft board order on page 13, which states that it was a unanimous vote but the vote was 4, 1 and 1.

Ms. Smith advised that the Board can adopt the draft order and can include in the motion to strike the word "unanimous" from page 13.

RESOLUTION: Findings of Fact, Conclusions of Law and Order for a Letter of Reprimand.

GENERAL BUSINESS

I. DISCUSSION REGARDING DEBRIEFING ON COMMITTEE PROCESSES

Dr. Krahn opined that having a full and diverse committee leads to more in depth discussion and efficiency.

J. ADJOURNMENT

MOTION: Ms. Jones moved for adjournment.

SECOND: Dr. Bever.

VOTE: The following Committee members voted in favor of the motion: Dr. Krahn, Dr. Artz,

Dr. Beyer, Ms. Dorrell, Dr. Gillard and Ms. Jones.

VOTE: 6-yay, 0-nay, 0-abstain, 0-recuse, 0-absent.

MOTION PASSED.



Patricia E. McSorley, Executive Director

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